JUNE-JULY 2025

MONDAY, 6/30/25

12 PM CHAIR YOGA ZOOM https://miami.zoom.us/j/7853023017

TUESDAY, 7/01/25

9 AM CHAIR YOGA HYBRID SMOB 120F and https://miami.zoom.us/j/7853023017

12 PM Power Hour with Stefan Dumbbells Required https://miami.zoom.us/webinar/register/WN_8BdoeKxrSsy2 QKobph0HWw

12 PM Art & a Bite Art Therapy Group https://miami.zoom.us/j/96554918545

1 PM Sylvester Music Project: Eric Swanson, Guitarist, Deerfield Beach 1 PM Sylvester Music Project: Danny Montana, Guitarist, UMHC/SCCC CTU

THURSDAY, 7/03/25

9 AM CHAIR YOGA HYBRID SMOB 120F and https://miami.zoom.us/j/7853023017

11APM Sylvester Music Project: Diana Rada-Torres, harpist SCCC/UMHC Lobby

12 PM Power Hour with Stefan Dumbbells Required https://miami.zoom.us/webinar/register/WN 8BdoeKxrSsy2Q Kobph0HWw

1 PM Sylvester Music Project: Eric Swanson, Guitarist, Plantation

FRIDAY, 7/04/25



WEDNESDAY, 7/02/25

9 AM CORE & MORE

https://<u>miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y</u> <u>7NhidRdtA</u>

1 PM Sylvester Music Project: Robert Billington, flautist SCCC/UMHC Lobby

Cancer Survivorship & Supportive Care at Sylvester Comprehensive Cancer Center provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disable please keep it off and mute your audio unless you wish to ask a question.

Contact Information:

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