

JUNE 2025

MONDAY, 6/16/25

12 PM CHAIR YOGA ZOOM

<https://miami.zoom.us/j/7853023017>

TUESDAY, 6/17/25

9 AM CHAIR YOGA HYBRID SMOB 120F and

<https://miami.zoom.us/j/7853023017>

12 PM Power Hour with Stefan Dumbbells Required

https://miami.zoom.us/webinar/register/WN_8BdoeKxrSsy2QKobph0HWw

12 PM Art & a Bite Art Therapy Group

<https://miami.zoom.us/j/96554918545>

1 PM Sylvester Music Project: Eric Swanson, Guitarist,
Deerfield Beach

1 PM Sylvester Music Project: Danny Montana, Guitarist,
SCCC/UMHC

WEDNESDAY, 6/18/25

9 AM CORE & MORE

https://miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y7NhIdRdtA

1 PM Sylvester Music Project: Robert Billington, flautist
SCCC/UMHC Lobby

THURSDAY, 6/19/25

9 AM CHAIR YOGA HYBRID SMOB 120F and

<https://miami.zoom.us/j/7853023017>

11 AM Body & Soul: Music and Dance Therapy Lennar 220

12 PM Power Hour with Stefan Dumbbells Required

https://miami.zoom.us/webinar/register/WN_8BdoeKxrSsy2QKobph0HWw

1 PM Sylvester Music Project: Eric Swanson, Guitarist,
Plantation

FRIDAY, 6/20/25

9 AM CORE & MORE

https://miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y7NhIdRdtA

10:30 AM Sylvester Music Project: LGEM DUO

Cancer Survivorship & Supportive Care at Sylvester Comprehensive Cancer Center provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disabled please keep it off and mute your audio unless you wish to ask a question.

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[Link to Online Calendar](#)