

EVENTS

2/23/26 – 2/27/26

MONDAY

8:15AM Music & Mindfulness
https://miami.zoom.us/webinar/register/WN_nwQjiDB6S-C7RysZVtPnnQ

10:30AM Sylvester Music Project: Enrique Avila, Pianist, SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

TUESDAY

12:00PM Power Hour with Stefan Dumbbells Required
Link:
<https://miami.zoom.us/j/98599858634>

12:00PM Art & a Bite Art Therapy Group
<https://miami.zoom.us/j/96554918545>

1:00PM Sylvester Music Project: Daniel Montana, Guitarist, SCCC/UMHC CTU(Address: 1475 NW 12th Ave, Miami, FL 33136)

WEDNESDAY

9:00AM CORE & MORE
Link:
<https://miami.zoom.us/j/98599858634>

1:00PM Sylvester Music Project: Robert Billington, Flautist ,SCCC/UMHC Lobby (Address: 1475 NW 12th Ave, Miami, FL 33136)

2:00PM Exploring Self-Narrative: The Altered Story- In Person at GCRB, First Floor- Address: 1425 NW 10th Avenue, Miami, FL 33136

THURSDAY

12:00PM Power Hour with Stefan Dumbbells Required
Link:
<https://miami.zoom.us/j/98599858634>

FRIDAY

9:00AM CORE & MORE
Link:
<https://miami.zoom.us/j/98599858634>

12:00PM Sylvester Music Project: LGEM DUO, SCCC/UMHC LOBBY (Address: 1475 NW 12th Ave, Miami, FL 33136)

SATURDAY

SUNDAY

NOTES

Cancer Survivorship & Supportive Care at Sylvester provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disabled please keep it off and mute your audio unless you wish to ask a question.

Marilyn Reimon, Sr. Program Manager | mxr1815@med.miami.edu
Link to [Online Calendar](#)