

# EVENTS

2/9/26 – 2/13/26

## MONDAY

**8:15AM** Music & Mindfulness  
[https://miami.zoom.us/webinar/register/WN\\_nwQjiDB6S-C7RysZvtPnnQ](https://miami.zoom.us/webinar/register/WN_nwQjiDB6S-C7RysZvtPnnQ)

**10:30AM Sylvester Music Project:**  
 Enrique Avila, Pianist, SoLe Mia  
 (Address: 2111 Sole Mia Way, North  
 Miami, FL, 33181)

## TUESDAY

**12:00PM** Art & a Bite Art Therapy Group  
<https://miami.zoom.us/j/96554918545>

**12:00PM** Power Hour with Stefan Dumbbells  
 Required  
 Link: <https://miami.zoom.us/j/9859985634>

**1:00PM Sylvester Music Project:** MeiMei , SoLe  
 Mia (Address: 2111 Sole Mia Way, North Miami,  
 FL, 33181)

**1:00PM Sylvester Music Project:** Eric Swanson,  
 Guitar, Deerfield Beach, (Address: 1192 E Newport  
 Center Drive, Deerfield Beach FL, 33442)

**1:00PM Sylvester Music Project:** Daniel Montana,  
 Guitarist, SCCC/UMHC CTU(Address: 1475 NW  
 12th Ave, Miami, FL 33136)

## WEDNESDAY

**9:00AM** CORE & MORE  
 Link:  
<https://miami.zoom.us/j/98599858634>

**1:00PM Sylvester Music Project:**  
 Robert Billington, Flautist ,  
 SCCC/UMHC (Address: 1475 NW 12th  
 Ave, Miami, FL 33136)

## THURSDAY

**11:00AM Sylvester Music Project:** Diana  
 Rada-Torres, harpist SCCC/UMHC  
 (Address: 1475 NW 12th Ave, Miami, FL  
 33136)

**12:00PM** Power Hour with Stefan  
 Dumbbells Required  
 Link:  
<https://miami.zoom.us/j/9859985634>

**1:00PM Sylvester Music Project:** Eric  
 Swanson, Guitar, Plantation (Address:  
 8150 SW 10<sup>th</sup> Street, Plantation, FL  
 33324

## FRIDAY

**9:00AM** CORE & MORE  
 Link:  
<https://miami.zoom.us/j/98599858634>

**12:00PM Sylvester Music Project:**  
 LGEM DUO, SCCC/UMHC LOBBY  
 (Address: 1475 NW 12th Ave, Miami,  
 FL 33136)

## SATURDAY

## SUNDAY

## NOTES

Cancer Survivorship & Supportive Care at Sylvester provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disable please keep it off and mute your audio unless you wish to ask a question.

Marilin Reimon, Sr. Program Manager | [mxr1815@med.miami.edu](mailto:mxr1815@med.miami.edu)  
 Link to [Online Calendar](#)