

EVENTS

1/19/26 – 1/23/26

MONDAY

8:15AM Music & Mindfulness
https://miami.zoom.us/webinar/register/WN_nwQjIDB6SC7RysZVtPnnQ

TUESDAY

12:00PM Power Hour with Stefan
Dumbbells Required
https://miami.zoom.us/webinar/register/WN_8BdoeKrxSsy2QKobph0HWw

12:00PM Art & a Bite Art Therapy Group
<https://miami.zoom.us/j/96554918545>

1:00PM Sylvester Music Project: Eric
Swanson, Guitar, 3850 Hollywood Blvd,
Hollywood, FL 33021

1:00PM Sylvester Music Project: MeiMei,
Sole Mia (Address: 2111 Sole Mia Way,
North Miami, FL 33181)

WEDNESDAY

9:00AM CORE & MORE
https://miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y7NhidRdtA

9:30AM Sylvester Music Project: Robert
Billington, Flautist SoLe Mia (Address: 2111
Sole Mia Way, North Miami, FL 33181)

11:15AM Brazilian Voices – Alex's Place &
Sylvester Main (Address: 1475 NW 12th
Ave, Miami, FL 33136)

2:00PM Exploring Self-Narrative: The
Altered Story- In Person at GCRB, First
Floor- Address: 1425 NW 10th Avenue,
Miami, FL 33136

THURSDAY

8:00AM Sylvester Music Project: Eric Swanson,
Guitarist Sole Mia (Address: 2111 Sole Mia
Way, North Miami, FL 33181)

11:00AM Sylvester Music Project: Diana Rada-
Torres, harpist SCCC/UMHC Lobby (Address:
1475 NW 12th Ave, Miami, FL 33136)

12:00PM Power Hour with Stefan Dumbbells
Required
https://miami.zoom.us/webinar/register/WN_8BdoeKrxSsy2QKobph0HWw

12:30PM Sylvester Music Project: MeiMei,
Plantation (Address: 8100 SW 10th St.,
Plantation, FL 33324)

FRIDAY

9:00AM CORE & MORE
https://miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y7NhidRdtA

10:00AM Sylvester Music Project:
Brazilian Voices, Plantation (Address:
8100 SW 10th St., Plantation, FL 33324)

10:30AM Sylvester Music Project:
Enrique Avila, Pianist SCCC/UMHC
Lobby (Address: 1475 NW 12th Ave,
Miami, FL 33136)

SATURDAY

SUNDAY

NOTES

Cancer Survivorship & Supportive Care at Sylvester provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disable please keep it off and mute your audio unless you wish to ask a question.

Marilin Reimon, Sr. Program Manager | mxr1815@med.miami.edu
 Link to [Online Calendar](#)