

EVENTS

1/19/26 – 1/23/26

MONDAY

8:15AM Music & Mindfulness
https://miami.zoom.us/webinar/register/WN_nwQjIDB6S-C7RysZVtPnnQ

TUESDAY

12:00PM Power Hour with Stefan Dumbbells Required
https://miami.zoom.us/webinar/register/WN_8BdoeKxrSsy2QKobph0HWw

12:00PM Art & a Bite Art Therapy Group
<https://miami.zoom.us/j/96554918545>

1:00PM Sylvester Music Project: Eric Swanson, Guitar, 3850 Hollywood Blvd, Hollywood, FL 33021

1:00PM Sylvester Music Project: MeiMei, SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

WEDNESDAY

9:00AM CORE & MORE
https://miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y7NhidRdtA

9:30AM Sylvester Music Project: Robert Billington, Flautist SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

11:15AM Brazilian Voices – Alex's Place & Sylvester Main (Address: 1475 NW 12th Ave, Miami, FL 33136)

2:00PM Exploring Self-Narrative: The Altered Story- In Person at GCRB, First Floor- Address: 1425 NW 10th Avenue, Miami, FL 33136

THURSDAY

8:00AM Sylvester Music Project: Eric Swanson, Guitarist SoLe Mia (Address: 2111 Sole Mia Way, North Miami, FL, 33181)

11:00AM Sylvester Music Project: Diana Rada-Torres, harpist SCCC/UMHC Lobby (Address: 1475 NW 12th Ave, Miami, FL 33136)

12:00PM Power Hour with Stefan Dumbbells Required
https://miami.zoom.us/webinar/register/WN_8BdoeKxrSsy2QKobph0HWw

12:30PM Sylvester Music Project: MeiMei, Plantation (Address: 8100 SW 10th St., Plantation, FL 33324)

FRIDAY

9:00AM CORE & MORE
https://miami.zoom.us/webinar/register/WN_Zq_mRgwRle_y7NhidRdtA

10:00AM Sylvester Music Project: Brazilian Voices, Plantation (Address: 8100 SW 10th St., Plantation, FL 33324)

10:30AM Sylvester Music Project: Enrique Avila, Pianist SCCC/UMHC Lobby (Address: 1475 NW 12th Ave, Miami, FL 33136)

SATURDAY

SUNDAY

NOTES

Cancer Survivorship & Supportive Care at Sylvester provides a range of Zoom and in-person sessions. For Zoom sessions, simply click the provided link at the scheduled time to join. If you're new to Zoom, you may be prompted to download the program. Please note that participant names cannot be removed, so we recommend using an alias when joining. Video will remain disabled please keep it off and mute your audio unless you wish to ask a question.

Marilyn Reimon, Sr. Program Manager | mxr1815@med.miami.edu
Link to [Online Calendar](#)