


Cancer Support Services

Cancer Support Services at Sylvester offers a variety of Zoom & In-Person Sessions. For Zoom Sessions, at the scheduled time, simply follow the link to join the meeting. If you have not used ZOOM, you will be prompted to download the program. Participant names cannot be removed, so please sign on using an alias. Participant video is disabled; please leave it off and mute your audio unless you wish to ask a question.

Time	Monday 12/30	Tuesday 12/31	Wednesday 01/01	Thursday 01/02	Friday 01/03	
9 AM	CHAIR YOGA ZOOM ONLY miami.zoom.us/j/7853023017		<p>Cancer Support Services wishes you and your loved ones plenty of peace, joy, and excellent health.</p> 			
11 AM				Sylvester Music Project: Diana Rada-Torres, Harpist SCCC/UMHC Lobby		
12 PM		*NEW* Art & a Bite Art Therapy Group miami.zoom.us/j/96554918545				Sylvester Music Project: LGEM DUO SCCC/UMHC LOBBY
1 PM		Sylvester Music Project: Eric Swanson Guitarist Hollywood			Sylvester Music Project: Eric Swanson Guitarist Plantation	
3 PM						
5 PM		Power Hour with Stefan Dumbbells Required miami.zoom.us/webinar/register/8117272780596/WN_8BdoeKxrSsy2QKobph0HWw			Power Hour with Stefan Dumbbells Required miami.zoom.us/webinar/register/8117272780596/WN_8BdoeKxrSsy2QKobph0HWw	

For more information, please contact Mary Adelyn Kauffman, DMA, MT-BC, NHCW m.kauffman@miami.edu or Marilyn Reimon, Clinical Program Manager mxr1815@med.miami.edu

Complete calendar with links can be found at:

<https://umiamihealth.org/en/sylvester-comprehensive-cancer-center/classes-and-events>

