

Cancer Support Services

Cancer Support Services at Sylvester offers a variety of Zoom & In-Person Sessions. For Zoom Sessions, at the scheduled time, simply follow the link to join the meeting. If you have not used ZOOM, you will be prompted to download the program. Participant names cannot be removed, so please sign on using an alias. Participant video is disabled; please leave it off and mute your audio unless you wish to ask a question.

Time	Monday 11/27/23	Tuesday 11/28/23	Wednesday 11/29/23	Thursday 11/30/23	Friday 12/01/23
10 AM	NEW Chair Yoga Virtual https://miami.zoom.us/j/7853023017		Interfaith Spiritual Support Group https://miami.zoom.us/j/91978861261 PASSCODE: 884675	**NEW** CHAIR YOGA Hybrid SMOB 120 and miami.zoom.us/j/7853023017	
10:30 AM					Creative Care: Art Therapy Group https://miami.zoom.us/j/98736055619
11 AM	Meditación con Música: Un Momento Para Mi https://miami.zoom.us/j/2673563136				
12 PM			Sylvester Music Project: Mozart for Lunch SCCC/UMHC Lobby	Sylvester Music Project: Diana Rada-Torres, Harpist SCCC/UMHC CTU	
1 PM		Sylvester Music Project: Eric Swanson Guitarist Hollywood	Get Fit with Chris: Intermediate https://miami.zoom.us/j/9718861460	Sylvester Music Project: Eric Swanson Guitarist Plantation	Get Fit with Chris: Advanced https://miami.zoom.us/j/9718861460 **NEW** Music and Stretching: Music and Yoga Therapy Group
1:30 PM	Sylvester Music Project: David Cote Guitarist Sylvester/UMHC CTUs				
3 PM		Me, Myself, and Art: Art Therapy Group miami.zoom.us/j/98736055619			
6 PM	Survivorship Choir Zoom miami.zoom.us/j/470397942				

For more information, please contact Mary Adelyn Kauffman, DMA, MT-BC, NMT m.kauffman@miami.edu
or Marilyn Reimon, Clinical Program Manager mrx1815@med.miami.edu

Complete calendar with links can be found at:

<https://umiamihealth.org/en/sylvester-comprehensive-cancer-center/classes-and-events>

