

Cancer Support Services

Cancer Support Services at Sylvester offers a variety of Zoom & In-Person Sessions. For Zoom Sessions, at the scheduled time, simply follow the link to join the meeting. If you have not used ZOOM, you will be prompted to download the program. Participant names cannot be removed, so please sign on using an alias. Participant video is disabled; please leave it off and mute your audio unless you wish to ask a question.

| Time | Monday 01/27 | Tuesday 01/28 | Wednesday 01/29 | Thursday 01/30 | Friday 01/31 |
|-------|--------------|--|---|--|---|
| 9 AM | | CHAIR YOGA HYBRID SMOB 120F and miami.zoom.us/j/7853023017 | | CHAIR YOGA HYBRID SMOB 120F and miami.zoom.us/j/7853023017 | |
| 11 AM | | | | Sylvester Music Project: Diana Rada-Torres, Harpist SCCC/UMHC Lobby | |
| 12 PM | | *NEW* Art & a Bite Art Therapy Group miami.zoom.us/j/96554918545 | Sylvester Music Project: Mozart for Lunch SCCC/UMHC Lobby | | Sylvester Music Project: LGEM DUO SCCC/UMHC LOBBY |
| 1 PM | | Sylvester Music Project: Eric Swanson Guitarist Hollywood | | Sylvester Music Project: Eric Swanson Guitarist Plantation | |
| 2 PM | | Sylvester Music Project: Danny Montana, Guitarist SCCC/UMHC CTU | | | |
| 5 PM | | <u>Power Hour with Stefan</u> <u>Dumbbells Required</u> <u>miami.zoom.us/webinar/register/8117272780596/WN_8BdoeKxrSsy2QKobph0HWw</u> | | <u>Power Hour with Stefan</u> <u>Dumbbells Required</u> <u>miami.zoom.us/webinar/register/8117272780596/WN_8BdoeKxrSsy2QKobph0HWw</u> | |

For more information, please contact Mary Adelyn Kauffman, DMA, MT-BC, NHWC m.kauffman@miami.edu
or Marilyn Reimon, Clinical Program Manager mxr1815@med.miami.edu

Complete calendar with links can be found at:

<https://umiamihealth.org/en/sylvester-comprehensive-cancer-center/classes-and-events>

