Cancer Support Services

Cancer Support Services at Sylvester offers a variety of Zoom & In-Person Sessions. For Zoom Sessions, at the scheduled time, simply follow the link to join the meeting. If you have not used ZOOM, you will be prompted to download the program. Participant names cannot be removed, so please sign on using an alias. Participant video is disabled; please leave it off and mute your audio unless you wish to ask a question.

Time	Monday 4/29	Tuesday 04/30	Wednesday 05/01	Thursday 05/02	Friday 05/03
9 AM	CHAIR YOGA VIRTUAL https://miami.zoom.us/j/7853023017		INTERFAITH PRAYER SERVICE SCCC/UMHC CHAPEL	CHAIR YOGA HYBRID SMOB 120F and https://miami.zoom.us/j/7853023017	
10:30 AM					Creative Care: Art Therapy Group miami.zoom.us/j/98736055619
11 AM				Sylvester Music Project: Diana Rada-Torres, Harpist SCCC/UMHC CTU	
12 PM			Sylvester Music Project: Mozart for Lunch SCCC/UMHC Lobby		Sylvester Music Project: LGEM Duo SCCC/UMHC Lobby
1 PM		Sylvester Music Project: Eric Swanson Guitarist Deerfield		Sylvester Music Project: Eric Swanson Guitarist Plantation	Music and Yoga Therapy Group Lennar 220/222
2 PM					
3 PM		Me, Myself, and Art: Art Therapy Group miami.zoom.us/j/98736055619			
6 PM		Move with Stefan Body Resistance Band Training miami.zoom.us/j/95300139011		Move with Stefan Body Resistance Band Training miami.zoom.us/j/95300139011	

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