

The Faculty and Staff Assistance Program (FSAP) provides **free** and **confidential** consultation and referral services to University of Miami faculty, staff, and retirees, as well as their domestic partners, spouses, and dependents. Sessions are conducted by licensed professionals who assess concerns, offer support, and recommend services that can be of help in the areas below:

**Family and Relationship Problems**  
**Interpersonal Difficulties**  
**Stress, Mood, and Emotional Difficulties**  
**Substance Abuse or Dependency**  
**Legal Matters and Financial Concerns**  
**Workplace Issues**  
**Care of Elderly Parents**

#### FACULTY AND STAFF ASSISTANCE PROGRAM OFFICE LOCATIONS

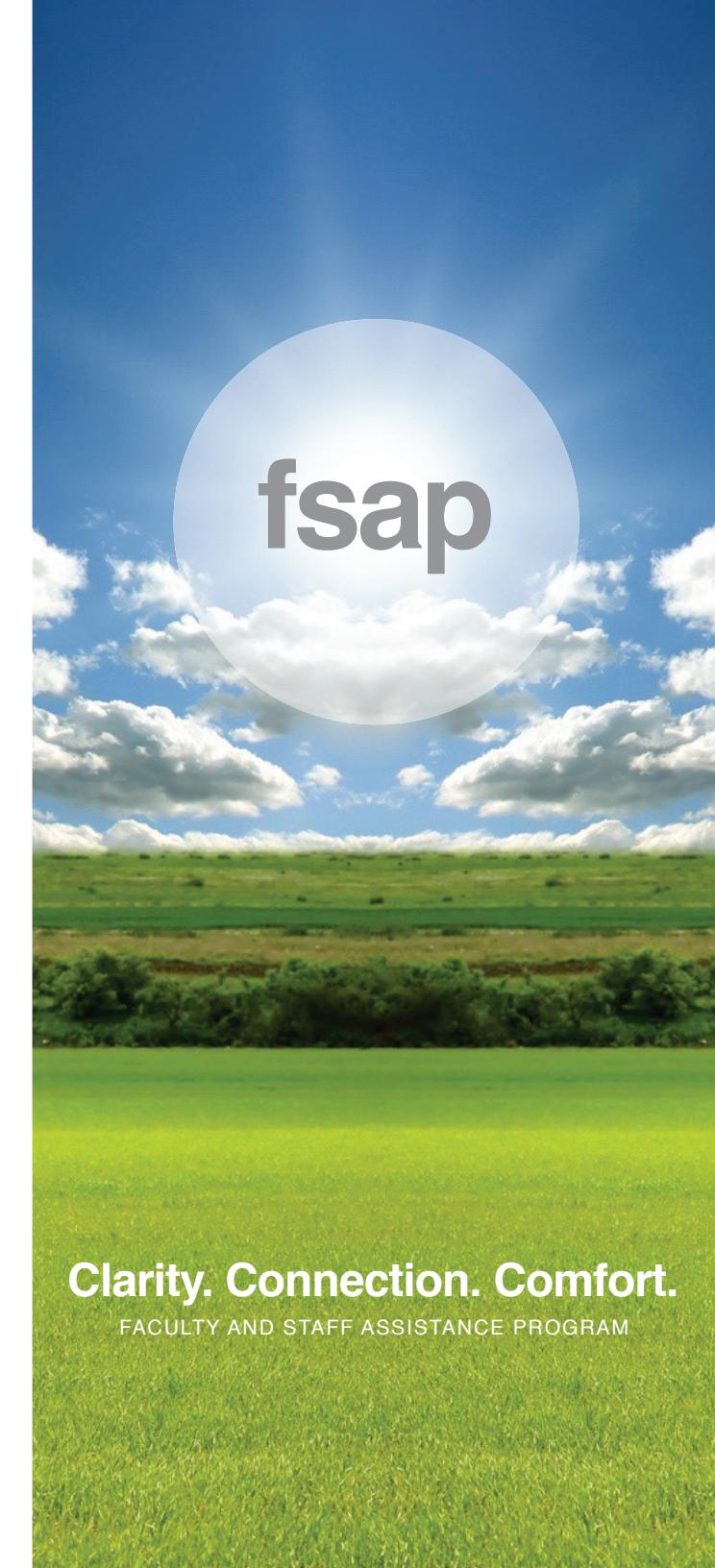
##### CORAL GABLES

Plumer Building  
5915 Ponce de Leon Boulevard, Suite 48  
Coral Gables, FL 33146  
Locator Code 2429

##### MILLER SCHOOL

Dominion Tower  
1400 NW 10 Avenue, Suite 816  
Miami, FL 33136  
Locator Code M831

[miami.edu/fsap](http://miami.edu/fsap)  @um\_fsap



**Clarity. Connection. Comfort.**  
FACULTY AND STAFF ASSISTANCE PROGRAM



The stress and pressures of everyday life can often overwhelm even the most resilient of people. Individuals equipped with expert guidance, support, and suitable resources increase their likelihood of obtaining positive outcomes.

## How can we help?

We can quickly and accurately assess the issues presented.

We can explore the most appropriate options to resolve current difficulties.

We can facilitate conversations between clients and other individuals (co-workers or family members) to assist in resolving interpersonal difficulties.

We can provide health and well-being, as well as work-life balance seminars to support wellness initiatives.

We can tailor presentations for departments to address specific concerns.

We can debrief employees involved in critical incidents or traumatic events.

We can assist managers and supervisors through management consultations.

We can make referrals to community and University resources for specialized or on-going assistance.

### Free and confidential.

Consultations are provided at no cost to clients and rendered in private office locations to ensure client comfort and privacy. Appointments and services are confidential to the fullest extent permitted by law. Management is not notified; and notations are not made in medical or personnel files.

### Locations and staff.

The FSAP has offices on the Coral Gables and Miller School campuses. Each location is staffed by Florida licensed mental health professionals. Their expertise includes assessing a variety of issues. When necessary, they refer to appropriate resources.

### Accessing our services.

To arrange an appointment, please call **305-284-6604**.

Initial appointments are scheduled Monday–Friday between 9 a.m. and 5 p.m. For more information, visit us at [miami.edu/fsap](http://miami.edu/fsap).